

This year, the first anniversary of the Supreme Court decision that overturned *Roe v. Wade* also falls on Shabbat. So in addition to the ritual to light a *yartzheit* candle, we also have a handy sheet to commemoraate the loss of *Roe* over Shabbat:

ON THE YAHRZEIT OF ROE

We pause to reflect on all we have suffered in the year since the Dobbs decision. We remember those who have died or been harmed due to unjust abortion bans. We hold them in our hearts.

ON THE YAHRZEIT OF ROE

We mourn Roe's end while acknowledging that it was **never** enough. We dream of a world where everyone has greater access to reproductive healthcare-including abortion access and full bodily autonomy.

ON THE YAHRZEIT OF ROE

We make space to celebrate the victories. The states and locales that have protected abortion access, thanks in part to our advocacy; the court battles we have won. May the small wins nurture our hope and allow us the clarity to acknowledge how far we have to go.



"The seventh day — Shabbat — is a hint of the World to Come, which will be completely Shabbat."

Nachmanides (aka Ramban), a 13th century
Jewish philosopher from Spain, on Genesis 2:3

SHABBAT BLESSINGS



HADLAKOT NEROT / Blessing before lighting the candles

בַּרוּךְ אַתַּה יָיָ אֱלהֵינוּ, מֶלֶךְ הַעוֹלַם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתַיוּ וְצְוַנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת

Baruch atah adonai, eloheinu melech haolam asher kid'shanu b'mitzvotav v'tzivanu l'hadlik ner shel shabbat

Blessed are You, Eternal our God, Sovereign of all, who sanctifies us with Your mitzvot and commands us to kindle the lights of Shabbat



KIDDUSH / Blessing over the wine

בָּרוּךְ אַתָּה, יִיָ אֱלֹהָינוּ, מֶלֶךְ הַעוֹלָם, בּוֹרֵא פָּרִי הַנְּפֶן

Baruch atah adonai, eloheinu melech haolam, borei pri hagafen

Blessed are You, Eternal our God, Sovereign of all Creator of the fruit of the vine



HAMOTZI / Blessing over the bread

בַּרוּךָ אַתַּה, יִיָּ אֱלֹהֶינוּ, מֶלֶרָ הַעוֹלֵם הַמּוֹצִיא לֶחֶם מִן הַאַּרֵץ

Baruch atah adonai, eloheinu melech haolam, hamotzi lechem min haaretz

Blessed are You, Eternal our God, Sovereign of all, who brings forth bread from the Earth

BRICH RACHMANA /Talmudic abridgement of Birkat HaMazon, the blessings after a meal

בּרִיךָ רַחֶמָנָא מַלכּא דְעַלמָא מַרֵיה דָהַאי פּיתּא

Brich Rachmana, malka d'alma, marey d'hai pita

Blessed is the Merciful One, Sovereign of all, Creator of this bread